Independent Study
This activity was originally released on August 1, 2015 and is available for continuing education credit until February 1, 2018. Reviewed/updated January 31, 2016.

Counseling Adolescents about Sexual Coercion and Abuse

About this Independent Study
This course was adapted from a recorded webinar and provides effective prevention and intervention strategies to address adolescent and young adult sexual coercion and abuse. Participants will learn to create a safe environment that facilitates disclosure of coercion and abuse, frame questions to assess for both sexual assault/abuse and more subtle forms of coercion, and respond to disclosures in ways that support and respect adolescent clients and comply with reporting requirements.

Target Audience
This course is designed for clinical and other staff, both novice and experienced, who directly interact with adolescent clients, including clinicians, nurses, medical assistants, and counselors.

Learning Objectives
By the end of this activity participants will be able to:
1. Identify elements in the interview approach to encourage disclosure.
2. Recognize patterns that may indicate coercion or abuse.
3. Explain prevention approaches to encourage healthy relationships.

Registration & Fees
The independent study is FREE of charge. It requires a brief registration process and participants can request a Certificate of Participation at no charge upon completion of an online evaluation.

Continuing Education (CE)
A $12 fee is charged for Continuing Nursing Education (CNE) credit. For participants who wish to receive a CNE certificate, they must complete an online evaluation and submit payment.

Faculty
Erica Monasterio, MN, FNP-BC
Erica Monasterio is a Clinical Professor in the Division of Adolescent and Young Adult Medicine in the School of Nursing at the University of California, San Francisco. Ms. Monasterio has over 29 years of clinical experience working with youth and families in primary care, both at UCSF and in the San Francisco Department of Public Health. Ms. Monasterio is a faculty consultant/trainer for Futures Without Violence's Project Connect: A Coordinated Public Health Initiative to Prevent Violence Against Women.

Cardea Services is an approved provider of continuing nursing education by the Washington State Nurses Association Continuing Education Approval & Recognition Program (CEARP), an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

Upon successful completion of this CE activity 1.5 contact hours will be awarded.

Successful completion of this continuing nursing education activity includes the following:
- Completing the entire CE activity;
- Completing the online evaluation;
- Submitting an online CE Request.

Non-Endorsement of Products
Approved provider status does not imply endorsement by Cardea, ANCC, or WSNA CEARP of any products displayed in conjunction with this activity.

Disclaimer
Contents of this event do not necessarily represent the official views of the Department of Health and Human Services. Printed materials are reviewed for medical accuracy and are consistent with nationally recognized standards of care and Title X program requirements.

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Questions?
Contact the National Training Center for Service Delivery’s Seattle office at 206.447.9538 or seattle@cardeaservices.org.

Register for this Independent Study Course: