



# CARDEA

Training, Organizational Development and Research



## Advancing Sex Education

For decades, Cardea has been a leader in high-quality sex education, and we continue to develop and deliver a wide range of training and technical assistance (TA) to advance sex education. Building on [Foundations, core skills training](#) for sex education, co-developed with Answer, we offer curricula trainings on [Positive Prevention Plus](#), [Rights, Respect, Responsibility](#), [Puberty the Wonder Years](#), and many other evidence-based and evidence-informed curricula.

Cardea provides tailored [TA](#) to school districts and other organizations to support community-identified goals related to sex education. Through this TA, we support our partners in engaging school district administrators, faculty, staff, and families, selecting curricula, and planning for implementation.

Central to our tiered approach, Cardea coordinates regional- and county-level collaborative networks that support peer learning and dissemination of policy information and resources to the districts within that area. For example, Cardea maintains robust comprehensive sex education networks ([CSE Networks](#)) in 8 counties in California (Alameda, Contra Costa, Los Angeles, Orange, Riverside, San Mateo, Santa Clara and Santa Cruz).

To learn more about Cardea's work in sex education, visit our [website](#) or contact [cardea@cardeaservices.org](mailto:cardea@cardeaservices.org).



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