Supporting Initiatives that Promote Healthy and Resilient Generations

The early years of a child's life play a key role in the trajectory towards a lifetime of health and well-being.

For 25 years, Cardea has supported initiatives that address the intersection between health and early learning. Our work began as part of a consortium that created the National Head Start Health Training Guides and the Healthy Child Care Consultant Network Support Center, and has continued through partnerships in local communities.

Building on our core capacity and early work in health and early learning at the national level, Cardea currently collaborates with Alameda County, Best Starts for Kids, and St. David's Foundation to strengthen systems and build evidence for innovative approaches to postpartum support and early childhood development.

- Best Starts for Kids—Developmental Screening Landscape Analysis and Strategic Plan
- Best Starts for Kids—Evaluation Strategies
  - Evaluation of Child Care Health Consultation Service Delivery
- Focus on the Fourth—Opioid Screening, Intervention, and Referral in WIC sites
- Evaluation of Parent Tools to Thrive, a parent-developed curriculum

Learn more about Cardea’s work