



# CARDEA

Training, Organizational Development and Research



## Advancing Health Equity through Gender Affirming Health Systems

How is your health center working to advance gender affirming care?

Access to clinically and culturally proficient care is key to optimal health outcomes for transgender and gender expansive people who may not seek needed medical care, due to [fear of being mistreated](#).

Earlier this year, Cardea released [\*Advancing Health Equity through Gender Affirming Health Systems\*](#), a resource guide that assists health centers in applying best practices in organizational change. This guide was developed through Cardea's work with [Odessa Brown Children's Clinic](#) (OBCC), a community clinic of Seattle Children's, and details its journey through an organizational assessment process.

The guide provides practical templates and a facilitation plan enabling health professionals to implement a similar approach in their health center. Cardea developed and vetted this organizational development process to address systemic barriers to health care for transgender and gender nonconforming youth. The project was supported by [Pride Foundation](#) and Beyond the Bridge.

This year, we are excited to collaborate on organizational assessment processes with Seattle Children's [South](#) and [Olympia](#) Clinics and [Yakima Neighborhood Health Services](#).

[Learn more](#) about Cardea's approach to building capacity for cultural

proficiency at both the individual and organizational/systems levels.

[Explore](#) Cardea's additional resources on providing culturally proficient care for transgender and gender nonconforming patients.

[Contact us](#) to learn more about a guided, tailored organizational assessment processes in your health center or agency.



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