



Our Mission-Improve organizations' abilities to deliver accessible, high quality, culturally proficient, and compassionate services to their clients.

Improving Transgender Healthcare in Texas



Although national efforts are underway to reduce HIV-related disparities and advance culturally proficient health care for transgender and gender-expansive people, many communities do not have systems in place to deliver culturally proficient care. While Texas law allows people to change gender designation on a birth certificate, the process for doing so is not clearly laid out in state statute, resulting in different legal processes and precedents across the state.

As highlighted by the Centers for Disease Control and Prevention (CDC), data collected by local health department and scientists studying transgender communities show high levels of HIV and racial/ethnic disparities. In addition, CDC notes that there are many cultural, socioeconomic, and health-related factors that contribute to diagnoses and prevention challenges in transgender communities.

Although HIV/AIDS service providers are likely to be the first point of contact for newly diagnosed HIV-positive transgender people, HIV and trans-inclusive care is limited. To address these issues, Cardea is partnering with the Transgender Education Network of Texas (TENT) to inform and educate HIV prevention and care providers about the importance of advocating for improved care for transgender and gender-expansive clients.

Click [here](#) for information about Cardea's work with TENT.

In addition, Cardea and TENT will be co-hosting a Town Hall along with Legacy Health Clinic, which will kick off National Transgender Awareness Week.

Titled *Envisioning & Building Trans/GNC HIV Care in Texas*, the Town Hall will be in Houston on November 12, 2016 and will be filmed as an educational tool for both providers and clients.

Click [here](#) to register for the Town Hall.

Learn more about Cardea's work on [providing culturally proficient services to transgender and gender non-conforming people](#).



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