

Our Mission-Improve organizations' abilities to deliver accessible, high quality, culturally proficient, and compassionate services to their clients.

Quality Family Planning Services: Integrating Evidence-Informed Recommendations in Clinics and Health Centers

In 2014, the Centers for Disease Control and Prevention (CDC) and Office of Population Affairs (OPA) released *Providing Quality Family Planning Services: Recommendations of the CDC and the U.S. Office of Population Affairs*. These recommendations, known as the "QFP" define core family planning services and how to provide them, complement and fill the gaps between other existing national guidance documents, and address the role of helping clients achieve, as well as prevent, pregnancy. These evidence-informed recommendations also highlight client-centered contraceptive counseling and education; describe how to work with male, adolescent and other clients; and emphasize the role of quality improvement in strengthening health outcomes.



As the National Family Planning Training Center for Service Delivery (NTC-SD), Cardea is pleased to support providers of family planning and reproductive health services in operationalizing the QFP. Through a series of webinars, eLearning courses, a community of practice, job aids and other resources, we have been instrumental in providing training aligned with the QFP.

Over the last year, we released a "Putting the QFP Recommendations into Practice" series. This series includes:

- *How to Begin-Determining the Client's Need for Services*
- *Integrating Reproductive Life Planning into Your Family Planning Session*
- *Achieving Pregnancy-Assessment, Counseling and Education*
- *STD Services in the Family Planning Setting-Assessment, Counseling and Education*

We also facilitate an "Implementing Male Health Services" Community of Practice (CoP), a resource sharing and community discussion forum for Title X providers who seek to enhance/improve delivery of male health services.

In 2016, we will release three new QFP-related resources: 1) eLearning course on pregnancy testing and counseling; 2) *Providing Quality Contraceptive Counseling and Education: A Toolkit for Training Staff*, a resource that includes learning activities and other easily accessible resources to support trainers, supervisors, and clinic managers in further integrating the QFP; and 3) a five-module eLearning course on contraceptive counseling and education.

Visit www.fpntc.org for more details on current and upcoming resources!



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